

# RLC Newsletter

October 2022

# A message from Pastor Allman

Based on reflections by Pastor Richard Rohr.

Recently I have been reading reflections on the first half and second half of life. In case you have not already guessed, most (if not all) of us are in the second half of life. In a nutshell, during the first half of life our focus tends to mainly be on a stable vocation, money, a house, a car, insurance and all of the other things that we feel are needed for family and security.

Most of us tend to think of the second half of life as largely about planning for and enjoying retirement, growing older, dealing with more and more health issues, eventually letting go of our physical life, and what happens in the after-life. Faith helps us move beyond any exclusive concern with physical aging, because our "big picture" is much more than that.

The second half of life for people of faith, at its best, is a slow, patient learning, and sometimes even a happy letting go — a feeling of emptying out to create readiness for a new

kind of fullness -- spiritual fullness. The second half of life, as such, is almost a complete changing of gears from the first half of our lives; and, does not happen without many slow realizations, inner calming, lots of inner resistance and denials, and eventual surrender. All of them, by God's grace, work with our ever-deepening sense of what we really desire and who we really are.

No one can keep us from the second half of our own lives except ourselves. Our second journey is ours to walk or to avoid. If we do not walk into the second half of our own life, it is surely because we do not want it. Let us desire, desire deeply, desire ourselves, desire God, desire everything good, true, and beautiful. All of the emptying out is for the sake of a Great Outpouring.



#### **News from the Office Administrator -October 2022**

We have a bunch of things on our church calendar over the next few months. Please be on the lookout for more details in our newsletter. New Member Sunday is almost here! Sunday October 9<sup>th</sup> we will recognize the new members that have joined since last October. You are welcome to join at any time. Please talk to anyone in the office if you would like to join.

Please know that if you are in need of financial assistance, we have funds available at the church to help. This remains confidential. Only Pastor will know that you received aid. We don't want anyone left in need, so please speak with Pastor Allman if we can be helpful.

#### **Upcoming Activities:**

Sun. Oct 9: New member Sunday

Mon. Oct. 10: Oktoberfest 4:30 PM

Wed. Oct. 19: Senior Nutrition Presentation

Wed. Nov. 2: 7:00 PM - Riverside Jukebox Swing Band

Thur. Nov 3: Volunteers needed to set up Buhr Hall for Arts & Crafts Fair

(again on Mon. Nov. 7)

Sat. Nov. 5: 3rd Annual Arts & Crafts Fair from 9:00 AM - 2:00 PM

Wed. Nov. 16 at 10:30 AM- FL DNR Seminar

Sun. Nov 20 - Dec. 18: Christmas Sale

Wed. Nov 23 - Christmas Decorating

Mon. Nov 28: South Shore Concert Band at 7:00 PM in Buhr Hall

Wed. Dec. 7: 10:00 AM - 12:00 PM Dementia Workshop, Lunch to follow.

Sun. Dec. 11: Congregational Spending Plan Meeting



#### Our channel is:

Redeemer Lutheran Church Sun City Center Florida

If you missed a Sunday or want to hear your favorite hymn again, you can find past sermons and more on our YouTube channel.



# OCTOBER STEWARDSHIP

"For it is as if a man, going on a journey, summoned his servants and entrusted his property to them; to one he gave five talents, to another two, to another one, to each according to his ability. Then he went away... After a long time the master of those servants came and settled accounts with them... He said, 'Well done, good and trustworthy servant; you have been faithful with a few things; I will put you in charge of many things.'"— Matthew 25:14-15, 19, 23



In the parable from Matthew, Jesus teaches that all of us are stewards (servants) entrusted by God with God's vast wealth. Even the steward who received just one talent was given a fortune, worth the equivalent of thirty-five years of daily wages.

Exercising our stewardship is often intimidating. Whenever we use our gifts, we risk what we think might be failure. It is tempting to think that if God is really so powerful, God hardly needs our meager efforts to multiply his wealth! If we start to think God (or the Church) just wants our money, we are missing the whole point of stewardship.

In the parable from Matthew, none of what the servants use belongs to the servants. Just so, the things of this life that God lets us use do not belong to us. We are simply servants, stewards, of what already belongs to God.

In October and November, we will once again be using the New Consecration Sunday Stewardship Program. This program has been chosen because the emphasis is on each individual person's relationship to God. You, the steward, are asked to have a conversation with God and follow God's Will in how to use the gifts with which God has entrusted you.

We can seize our role as stewards with the eagerness of the first two stewards in the parable. Both of these faithful stewards multiply the master's resources. And both receive the same reward at their master's return: "Well done, good and faithful servant!" (Matt. 25:21).



# GROWING IN FAITH

Based on a daily devotion by Rev. Nicky Gumble and "Soul Feast" by Rev. Marjorie Thompson.

"I will sing to the LORD as long as I live; I will sing praise to my God while I have being. May my meditation be pleasing to him, for I rejoice in the LORD" (Psalm 104:33-34, emphasis added).

If you know how to worry, you know how to meditate. All you need to do is change what you think about and you will be practicing Christian meditation.

Meditation means what you think about, what you allow your mind to dwell on. Your actions and words can please the Lord; and, the Lord sees your inward meditation as well.

The Psalmist praises God for the entire created universe. He says, "I will sing to the LORD as long as I live; I will sing praise to my God while I have being" (33). The he prays, "May my meditation be pleasing to him" (34).



What does this mean practically? The Apostle Paul has some good advice: "...whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable - if anything is excellent or praiseworthy - think about such things..." (Philippians 4:8).

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WHATEVER IS TRUE.
WHATEVER IS NOBLE.
WHATEVER IS RIGHT.
WHATEVER IS PURE.
WHATEVER IS LOVELY.
WHATEVER IS ADMIRABLE-
IF ANYTHING IS EXCELLENT
OR PRAISEWORTHY-
THINK ABOUT
SUCH THINGS. PHIL. 4:8
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Meditation is more than prayer. Mediation allows a Christian to be absorbed into a loving God with our whole being. Its purpose is to adore and enjoy God. Have you ever stopped to think what it means to enjoy God? Why do we have trouble believing that God longs for our companionship and delights in it? What would it take to convince you that God also yearns for us to delight in the divine presence? Part of our spiritual maturation (#2 in our Mission Statement, 'Grow in Faith') is learning to love God for who God is, and not only for what God does for us.

May our meditation be pleasing to God!

# Monkeypox

Monkeypox is a rare disease caused by the monkeypox virus. It can be spread through close, often skin-to-skin contact, including direct contact with the monkeypox rash, sores or scabs, contact with objects, fabrics (clothing, bedding or towels) and surfaces that have been used by someone with monkeypox, and close contact with oral fluids (coughing, sneezing) from someone with monkeypox. Rarely, monkeypox can lead to other problems like infections in the lungs, brain (encephalitis) or eyes, which can be deadly.

#### **Symptoms**

- Early flu-like symptoms of monkeypox can include:
  - Exhaustion
  - Fever/Chills
  - Headache
  - Muscle aches and backache
  - Swollen lymph nodes
- A rash or sores can sometimes be found inside the body, including the mouth, vagina or anus, but also on the hands, feet, chest or face.
  - Sores will go through several stages before healing.
  - Some people only have a rash or sores, and some have symptoms either before or after the rash or sores appear.
  - Monkeypox can be spread from the time symptoms start until all sores have healed and a fresh layer of skin has formed. This can take several weeks.

#### **Management and Treatment**

- If you think you've been exposed to monkeypox:
  - Self-monitor for the symptoms twice daily for 21 days.
  - Contact a health care provider right away if you have symptoms.
  - Ask your health care provider if you should consider a post-exposure vaccination to prevent becoming infected.
- If you've been tested for monkeypox and are waiting for the results:
  - Quarantine yourself. Avoid contact with others until you get your results.
  - If you test positive or have symptoms of monkeypox, follow the instructions to the right.

#### If You Test Positive for Monkeypox

If you have monkeypox, it usually gets better on its own, with symptoms lasting from two to four weeks.

- Quarantine yourself. Avoid contact with others until all your lesions have scabbed.
- Use pain relievers and fever reducers like ibuprofen (Advil\*, Motrin\*) and acetaminophen (Tylenol\*) to feel better.
- Take an oatmeal bath. Soaking in a warm bath with oatmeal can relieve the dry, itchy feeling that comes with skin rashes.
- Cover the sores. Use gauze or bandages to limit the spread to others and your environment.
- Stay home and rest. Wear a mask when you're around others and drink plenty of fluids.
- Avoid contact with pets, especially rodents.

#### **Medications and Vaccines**

There are specific medications that can be used to treat monkeypox, if needed. Your provider can tell you if a prescription for one of these medications is right for you.

The one vaccine against monkeypox is called JYNNEOS. It's used to prevent monkeypox infection and can be used as a post-exposure vaccination. This prevents infection in exposed people who've had close or intimate contact with infected individuals.

- Vaccines can be offered up to 14 days after exposure.
- If you're eligible, vaccines are available at the public health department.

For more information:

FloridaHealth.gov/Diseases-And-Conditions/ Monkeypox/Index.html

From the Parish Nurse Team



### OCTOBER BIRTHDAYS

1st - Susan Wold

2<sup>nd</sup>- Jay King

4th - Patty Fricke, Judith Schmidt

5<sup>th</sup> - Anne Koehler

7<sup>th</sup> - Honey Ashley

8th - Dick McKibben

10th - Rosalie Kelleher

11<sup>th</sup> - George Banes

13th - Gideon Bender

14<sup>th</sup> - Cathy Lindsey

**16**th – Edward Kotek

17<sup>th</sup> - Carolyn Lundy

**18**th- Darlene Baker, Paul Eliasen, Valerie Southwell

23rd -Steve Hagg

24<sup>th</sup> - Dianne Good, Patricia Schaeffer

26th- Delores Casper

28th - James Casper

30th- Don Brown



## OCTOBER ANNIVERSARIES

1<sup>st</sup> - Steve & Evelyn Stephanic

9th - Charles RaeAnne Bennett

17th - Laurence & Mary Moquin

22<sup>nd</sup> - Chuck & Judy Buskirk

25<sup>th</sup> - Dick & Mary Ihrke



We ask if you notice information is missing or incorrect, please let us know. Thank you!





Time	Acolyte	Communion Assistants	Lector	
Sun. Oct 2 10:00 AM	Kathy Schwartz	Kathy Schwartz, Mike Corbett, Arlene Hansen	Mike Corbett	
Sun. Oct 9 10:00 AM	Paul Ó Braonáin		Paul Ó Braonáin	
Sun. Oct 16 10:00 AM	Mike Corbett	Mike Corbett, Lucy Ann Clark, René Buggs	Sherri Knaub	
Sun. Oct 23 10:00 AM	Kathy Schwartz		Rosalie Kelleher	
Sun. Oct 30 10:00 AM	Lucy Ann Clark		Chuck Kovacik	

#### **WE NEED YOUR HELP!**

#### Please consider being an acolyte and/or communion assistant

If you are not on the schedule but would like to be scheduled in the future, or if you are unable to help on your scheduled day, please contact Carolyn Cole at 813-812-7527.

October Usher Team	October Altar Guild	Sound & Camera	
Chuck Kovacik's Team	Arlene Hansen	Volunteers	





#### **Church Membership**

We are always welcoming new members. It's a great time to join. Ask Mike or Kadie for additional information.

It has been a while since we had a new member Sunday event. The next New Member Sunday is scheduled for October 9. If you are a new member, please plan to come to the fellowship hall between 9:15 & 9:30 for a photo. We will be taking a photo for our office records and a group photo.



**October 9th** 

#### **Food Pantry**

Thank you for your continued support of our local food pantry.

Please place donated items for the food pantry in the narthex closet.

Please remember, NO open packages or containers and NO items requiring refrigeration.





Our next movie Monday will be October 24. Doors open at 5:30 PM. Chuck will be making soup so please sign up so he knows how much to make. The sign-up sheet can be found on the welcome table. Bring your own beverages.

This event is free but please bring a nonperishable food item for donation to the local food pantry.

#### **October Movie: The Long Long Trailer**



Nicholas Collini (Desi Arnaz) has to travel for his job as an engineer — so his fiancée, Tacy (Lucille Ball), suggests that rather than buy a house after their wedding, they invest in a motor home so they can see the country together. But the aggravations of life with nosy trailer park neighbors and the dangers of piloting an enormous trailer across narrow country roads soon take their toll on the happy couple, putting their young marriage in turmoil.

#### Oktoberfest Hymn Sing

On Monday, October 10th, Buhr Hall will host our next Oktoberfest Hymn Sing. Come and join us for Oktoberfest at Redeemer. Bring your own beer, wine, or non-alcoholic beverage. Munchies will be provided in theme with Oktoberfest, such as brats,hot dogs, potato salad, ice tea, and more. If you would like to bring something to share you are welcome to do so. We'll drink and sing hymns beginning at 4:30 PM until 6:00 PM--early enough for our friends on golf carts to get home before dark.

Beer and Hymns has been done in many ELCA churches over the past several years. It will be a fun evening. Please bring a non-perishable food item for the local food pantry. Everyone is welcome to attend. Bring a friend! Put October 10th on your calendar for an enjoyable evening.



# Promoting independence for those with low vision

Lighthouse for the Blind & Low Vision provides training in visual rehabilitation techniques to help improve visual functioning using Optical aids and devices as well as non-optical. Aids and devices may include handheld and stand magnifiers, closed circuit TV's, and much more.

Join Prince Of Peace's Health Ministry for a presentation by Tampa Lighthouse on this very important service available to SCC. If you or a friend/family member is experiencing vision loss, come learn ways to improve one's life by promoting one's independence.

Date: 10/27/2022 Time: 10:00 AM

Location: Prince of Peace's Conesa Center

RSVP by 10/24 via the following link: <a href="https://www.popcc.org/health-ministry">www.popcc.org/health-ministry</a> or call Lois

Hobratschk at 813-634-5547

#### **Volunteers Needed**

The tables in Buhr Hall will need to be changed from the round ones to the rectangular ones for the Arts & Crafts Fair and then reset back again following the fair. If you are available for either time (or both) and able to move tables or chairs, please sign the sheet on the counter in the narthex. Hopefully there will be enough help to make this a quick easy job.

Nov. 3 (Thursday) at 10:00 AM for set up Nov. 7 (Monday) at 10:00 AM to reset

#### **Bakers Needed!!**

The Arts & Crafts Fair on November 5th will include a bake sale, and any help with baking items would be greatly appreciated. Items will need to be brought to the church on Friday, November 4th from 3:00 PM to 5:00 PM. If your baked item contains nuts, please note it. Profits from the bake sale will go to WELCA. If you can help bake, please sign the sheet on the narthex counter.

#### Arts & Crafts Fair November 5th

Redeemer Lutheran will hold our third annual Arts & Crafts Fair on Saturday, November 5<sup>th</sup> from 9:00 AM until 2:00 PM. This event is open to the community so please be sure to tell your friends. There will be over 40 vendors with various items for sale, such as pottery, homemade greeting cards, beach bags and totes, wood & leather crafted items, wreaths, paintings, jewelry and much more. Baked goods will also be available for purchase. All proceeds from the Arts & Crafts Fair and baked goods sale (WELCA) will benefit projects and benevolences here at Redeemer. We will also have a number of baskets to raffle off. Entrance is free so bring a friend!





#### **Nutrition for Seniors**

Nutrition is essential to our health and quality of life. With all the misinformation out there, it can be difficult to know how to best nourish our bodies for good energy and great health. Join us for a program on Wednesday, October 19th at 11:00 AM. We will discuss some of the challenges to eating well and work together to find solutions. This will be engaging and interactive, so come prepared to talk about how food and nutrition are part of how you can live your best life.

The presenter will be a health educator from BayCare. A light lunch will be provided and it is FREE. If you will be attending, please sign the sheet on the counter in the narthex so we know how much food is needed.



#### The Christmas Sale is coming

We will start collecting Christmas items to use in our Christmas sale starting in November. If you have items to donate, please hold them until collection begins on November  $7^{\rm th}$ . The Christmas Sale will run on Sundays from November 20 through December  $18^{\rm th}$  in Buhr Hall.



#### **Toys for Christmas**

Although it seems like it is too early to be thinking about Christmas, that time is just around the corner. WELCA will be organizing a toy/gift project for both AMI Kids and Good Samaritan Mission. Items will be collected during October and November so that they will have them in time for December events. Lists of requested items are available. For AMI Kids, please use only the items on the list as they are very selective about items for the boys. For GSM, items they would like this year are grooming items and simple, educational toys for elementary school age boys and girls. If you wish for us to do the shopping, please place your donation in the offering plate and list "toy project" on your check or envelope.

#### **Shopping list - AMI Kids (Boys)**

Boxer style underwear (S, M, L)
Black socks (S, M, L)
Volleyballs
Footballs
Basketballs
Hair Brushes
Combs - regular (no points)
Bar soap

# Shopping List - Good Samaritan Mission (Elementary School Age Boys & Girls)

Simple or educational toys Hair brushes Pony tail holders Nail clippers Other hair/grooming items



#### **Lutheran Disaster Response**

Hurricane Ian made landfall in Florida last week with near Category 5-strength winds, dumping record amounts of rain and causing catastrophic flooding. Hurricane Ian bore down through Florida today and is expected to make landfall again in the Carolinas. Early reports indicate the potential for a substantial loss of life. Ian, as predicted, is one of the worst hurricanes to hit the United States in decades.

Donations to <u>Lutheran Disaster Response</u> make it possible for the ELCA to act quickly after disasters, whenever and wherever they strike.

If you would like to give, you can call 1-800-638-3522, go online or send a check or money order to:

Lutheran Disaster Response P.O. Box 1809 Merrifield, VA 22116-8009

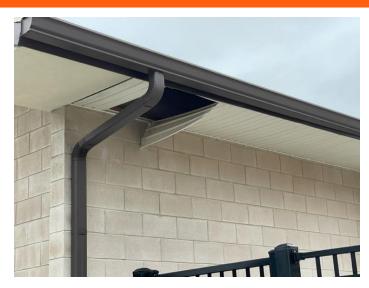
#### **After Hurricane Ian at Redeemer**



Tree down by the Memorial Garden.



Powerlines down at Valley Forge Blvd.



Soffits and gutters around the building.



One of two palm trees down in the parking lot.



Soffit pieces missing under the portico.

## October 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2 10:00 AM- Holy Communion Worship	3 10:30 AM-Al-Anon	4 Buhr Hall Reserved 10:00 AM-Pastor Meeting 1:00 PM-Barbershop 3:30 PM-Women's AA	5 Buhr Hall Reserved	6 Buhr Hall Reserved 10:00 AM-OA Group 1:00 PM-Pastor Mtg 5:30 PM-AA Group 6:30 PM-Choir practice	7 Buhr Hall Reserved 10:00 AM Fundraising Library Reserved	8 Buhr Hall Reserved Library Reserved
9 10:00 AM- Worship 11:00 AM- New Member Sunday	4:00 PM- Octoberfest	11 1:00 PM-Barbershop 1:30 PM-Worship & Music 3:30 PM-Women's AA	12	9:00 AM Parish Nurse 10:00 AM-OA Group 5:30 PM-AA Group 6:30 PM-Choir practice	<b>14</b> 9:30 AM-Quilters	15 10:00 AM- Memorial Svc for C Beltz
16 10:00 AM- Holy Communion Worship	17 10:30 AM-Al-Anon	18 1:00 PM-Barbershop 3:30 PM-Women's AA	19 11:00 AM-Senior Nutrition	20 10:00 AM-OA Group 10:00 AM Fundraising 5:30 PM-AA Group 6:30 PM-Choir practice	<b>21</b> 9:30 AM-Quilters	22
23 10:00 AM- Worship		25 1:00 PM-Barbershop 3:30 PM-Women's AA	26	27 10:00 AM-OA Group 5:30 PM-AA Group 6:30 PM-Choir practice	<b>28</b> 9:30 AM-Quilters	29
30 10:00 AM- Worship	31 10:00 AM-WELCA Board Meeting 10:30 AM-Al-Anon					